

Course Details for the Dharmapala Institute Dhamma School

STEP-1

Objectives

- The main objective of the Dhamma School for the younger children (STEP-1) is to introduce the Buddhist way of life to them in very simple terms and making the Temple a familiar and a happy place for the children.

Teaching Units & Class components

- The material covered in this class is arranged into a very simple lesson plan. Each day, the children will be presented with a new concept in simple terms and will contain various engaging activities around the topic where young children can take part actively and as a group.
- In addition to the titles mentioned in the table, the story of the Buddha's life, which is introduced at the beginning of the Spring session will be continued as a Buddhist story, every day.
- Each student will be given a folder to keep all the lesson sheets and additional learning material collected during the course.

Lesson Plan for the STEP-1 Dhamma School

January	Jan 20 th	Introduction of the Dhamma School and The Buddha
	Jan 27 th	○ Our temple
February	Feb 17 th	○ The Dhamma
	Feb 24 th	○ Keeping your mind clean
March	March 17 th	○ Our venerables
	March 24 th	○ Respecting the elders
April	April 14 th	○ Friendship
	April 21 st	○ Good manners
May	<i>Summer Break</i>	
June		
July		
August	Aug 25 th	○ How not to kill any living being
September	Sep 15 th	○ How not to steal

	Sep 22 nd	o Appropriate behavior
October	Oct 20 th	o Honesty
	Oct 27 th	o Taking care of ourselves
November	Nov 10 th	o Being generous
	Nov 24 th	o The stories of Buddha's Life
December	<i>Winter Break</i>	